

# **Early Earth History**

## **Germane Through Lyssa Royal**

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**Germane:** All right, greetings to all of you. This is Germane. Obviously we cannot cover everything about Earth history. So this is a highlight, a recap, a glossing over, shall we say. But it will be enough information for you to be able to begin thinking and looking in other directions, perhaps, than before.

The beginnings of humanoid consciousness began in the area you call the constellation Lyra. Eventually the consciousness took bodily form (in terms of humanoid beings), and within the Lyra system civilizations began exploding in all directions. They began polarizing themselves, as is the natural template of your reality -- for having a polarized reality stirs you to achieve integration.

### **Lyran Light-Skinned and Vegan Dark-Skinned Humanoids**

You had then what we will call the Lyran civilizations, which were, generally speaking, humanoids like you, usually a Caucasian type. [There is wide variation in physical attributes and skin colors among the human forefathers and no particular type is considered older, or 'original'. This information is presented purely to show the connections between some ET groups and some peoples of planet Earth.]

The other foundational civilization was from the system Vega. There is a star Vega in your Lyran constellation. In terms of light years, it's much closer to you than Lyra, but they regard themselves as part of the Lyran system. The Vegan civilizations are also a certain genetic strain, a less Caucasian type. Still humanoid, they are more representative of the darker skinned races on your planet, from Native American to East Indian to aborigine. Some of the specific African races on your planet were specifically engineered for Earth, so you may not find the exact type out there. These two polarities began the explosion of humanoid civilizations outward into the galaxy until you eventually get to Earth.

We'll give you a little bit of the family tree here. We shall start with Source. We've talked about the dimensional infusion, the eventual explosion into this dimensional reality (of course, it didn't happen like that), and the eventual polarization of the Lyran and Vegan races.

### **The Two Genetic Strains**

Let's take this a little further. As this is extremely simplified, there are literally hundreds of civilizations that are not represented here. But this is the basic template.

As you say in your Bible (and we will use it humorously), Lyra begat Terra, Lyra begat Pleiadians, Vega begat Orion, Vega begat Sirius. You can see some of the genetic progressions here. The Terrans (Terrans, of course being you) and the Pleiadians are more light-skinned (Lyrans). Orions and Sirians are somewhat more Vegan. Now, there are a myriad of other civilizations: for instance, in the Vegan genetic chain there are Alpha Centauri and Altair, various planets in the Draco system, and some civilizations within Ursa Major. Those are minor players. We speak of the main players of this drama.

You'll hear us talk about the Lyrans and Sirian groups more than the Lyrans/Vegan [level of polarity]. The Vegans were the first civilization here on Earth, before the Lyrans ever came. This was during the time when prehistoric creatures were on your planet.

Your Earth then was considered a future Vegan colony; when the planet settled down it would become a Vegan colony. Since Vega is close to your Earth in light years, this is very natural.

### **Troublemaking Lyrans**

But the Lyrans came eventually and caused a lot of trouble (which is something they're known for). At some point the Vegans pulled out and it became a Lyrans planet. Generations and generations later, the Sirians, who were begat from the Vegans, came back to claim the Earth. So the conflict thus lies between the Sirians and the Lyrans.

Those of you who have read a book on your planet called *The Gods of Eden* will find a reference to the Brotherhood versus the custodial gods. This dynamic of the Brotherhood, the custodial gods, the Lyrans and the Sirians has been playing on your planet since its inception. You have two groups who believe, or did believe, that you were their territory.

Before we go further with this we do not want to imply that you are all puppets on a string. The key idea is that, reincarnationally speaking, you today were these forefathers who fought over you. So it's an internal family struggle; you're fighting against yourselves. No one is doing anything to you. You are attempting to heal your past by bringing up these past issues in contemporary times. This is why you see many of the divisions on your planet now.

Archetypally speaking, the Brotherhood, the Sirian group, was the group that had knowledge, the group that cared about humanity – cared enough to occasionally give you a carrot to appease you, a tidbit of information so that you would grow. The Lyrans would be more like the custodial gods or the authoritarian, perhaps religious, figures you are aware of who are more concerned with keeping you subverted.

So this is the dynamics that have been playing on your planet for millennia. You have a group that's attempting to enlighten you (in their own way) and a group that's attempting to oppress

you. Again, it's yourself doing it to yourself. It's the polarities within you raging this war. This history is only the external dynamic of how it occurred.

The creation of mankind was basically a joint effort, though somewhat reluctantly on the part of the Lyrans and the Sirians, who both wanted the race on Earth to be created for their own purposes. So after Homo sapiens was fully autonomous on the planet and began multiplying, then the more subtle wars began over who was going to be the lord over you.

### **The Time of the ET Overlords**

During the times of early man (for instance, Sumeria) the planet was divided into various areas where a certain overlord was in charge. As you go through the mythologies on your planet you find gods in different civilizations with different names but with strikingly similar qualities - for instance, Innana in Sumeria, Quan Yin in Asia, Isis in Egypt. Those are all representative of the same consciousness, of an "overlord" during a given time period. However, the consciousness that many of you have come to know and love, Isis/Quan Yin, is not what we are talking about. (The Quan Yin, the Isis, is more archetypal now; it's the evolved version of that consciousness that has come to terms and integrated with everything and now serves as a loving force for evolution.) We're talking about the past physical history that has been attributed to these names. We are talking about the personification of these overlords, these gods on your planet.

Many of you may wonder why God is sometimes referred to in some of your ancient writings as being a real person, a physical person. Many of the very, very ancient writings have not been altered, and they speak of God as a physical person. These extraterrestrial beings were no more God than you are with each other; they were physical beings. Throughout the ages their true nature has been either deliberately manipulated and changed to keep people under control or it has become distorted through the passing of time.

Rest assured that what we are saying to you will represent one aspect. There is also a lot being communicated to you on another level of consciousness, so you may feel that your head is crammed very full. You may have a lot of later insights, things we've not even talked about today. So much of this history is so convoluted and nonlinear that sometimes we must share with you concepts in nonlinear communication rather than through language.

Any comments or questions so far?

*Q: Is there ever going to be a school or any kind of an educational system here that will acquaint us with these ideas and concepts?*

It is our understanding that yes, eventually there will be, but it might not be in the next ten years. A lot of undoing and unraveling will need to be done before this information can be

communicated to you. When we say “undoing and unraveling,” we’re talking about the hold that much of your religious structure has on your societal development. It’s like a plant with very deep roots; if you try to dig out the plant, all the surrounding dirt is disturbed as well. Society may not be ready for that type of massive change.

This information will eventually be recognized, because even as we speak there are experts who are translating Sumerian and many other texts found in areas of your Middle East. Most – 75% - of the information has not been released, some because it’s not understood. Some of it hasn’t been released because it is recognized to be in direct contradiction to what has been part of your planet. So for now, at least, you’re not going to learn about this in your elementary schools. But in the future, yes.

*Q: I would like to make sure we touch on some of those core-belief systems that we have inherited from these previous times, such as the idea of monogamy or the influence of the Church, the power structure, that sort of thing. Some of the hidden agendas that apparently were played at that time are still carrying on here.*

“Hidden agendas” is wonderful terminology. There are so many hidden agendas going on your planet. In fact, they are so hidden that the people who originally hid them can’t even remember where they’ve hidden them. That’s your challenge. The idea of chaos is part of it. These agendas are so hidden that you have to go into total chaos even to know you have a hidden agenda, before you even find out what it is.

Since you brought up the idea of monogamy we will address that one. We’re not going to go in a linear format like we did before. We’re going to field your questions and throw in little tidbits for you, back and forth throughout history, that will help you put the puzzle together. When you assemble a puzzle, you don’t wait and do it in order. You do it as it fits together.

### **Monogamy: A Genetic Code**

The idea of monogamy is a touchy one for some because it pushes a lot of buttons. But we will say that in the very early days of your planet when there was a deliberate breeding program to create accurate, direct bloodlines that the extraterrestrials in power wanted, the work with your genetic structure was primarily in women.

There is still a latent genetic code that predisposes females to the idea of monogamy. This was to keep bloodlines pure. It didn’t matter if the male plucked around, as you say, but it was very important that the key females did not, so that the children would have a pure bloodline.

After these genetic programs were completed, the genetic code became more and more latent. The genetic code in females that predisposes them to monogamy is triggered by the emotion

of fear, so it becomes active when fear is present, latent when fear is absent. In the early days the extraterrestrials' method of control was through fear; that is how fear became the trigger.

In contemporary times you have various things that can trigger fear. For instance, the fear of disease, the fear of not getting the love you need or want if you allow your partner not to be monogamous, the fear that it somehow takes away from you, the fear that if your partner is not monogamous with you perhaps your importance to him will be lessened, your identity will perhaps crumble. There are different ways one can trigger this, but the basic trigger is fear. When you heal the fear, the code becomes inactive.

There has been so much genetic mixture on your planet that we would say that males now also possess the latent code. It's more inactive in males than in females, but it exists now in both male and female bodies. The more fearful you are, the more that code is triggered.

This is one of those wonderfully byproducts of the early genetic manipulation. But in no way are you victims to it, because as you heal yourself, as you heal your relationship with yourself, your issues of self-love, etc., you come out of the energy of fear and the code becomes quite inactive; so much so that it would be difficult to access it.

This is an example of how certain deliberate genetic manipulation in the ancient past has created a certain aspect of society that you have now. This is going to be changing. It was necessary then that you be controlled. And of course later the churches etc. would jump on the bandwagon, because if you knew that you could love more than one person you would not be in fear. You would not be afraid of God, for one thing, so you wouldn't listen to the Church.

### **The History of Jesus and His Bloodline**

*Q: Is the divine right of kings in our history is from the same idea – to keep those bloodlines intact, and that was linked with power and control?*

Exactly. There have been a lot of secret genetic programs on your planet up to present day. One that some of you are familiar with is that of Jesus' bloodline – Jesus having had children. We've not talked about this really in depth. We've avoided it like the plague.

*Q: What is necessary to get a group of people together so that you don't have to avoid it...?*

Well, we may go into it today, depending on the dynamics of the group. Jesus was Hebrew, obviously, and he could not have held his position as rabbi had he not been married. The ancients speak of Jesus as a rabbi, and he could not be a rabbi of that standing without being married. There were children.

Obviously, because of the controversy around Jesus, his children would not talk about their heritage indiscreetly. After Jesus' disappearance, shall we say, the family fragmented somewhat, went into hiding.

There's a bloodline on your planet that you call Merovingian; this was more active many centuries ago. They represent what's left of Jesus' bloodline – this is what they've claimed.

There is a whole idea of the grail, what it represents and how people have been seeking after it so long. Look at the symbology. Remember that when you're dealing with something that is mythologized, you're dealing in symbology. It might not necessarily be what you think. The mythical cup that held Jesus' blood – in symbology a cup can be seen as a womb; blood would be genetic material, codes, what makes you who you are. So you have a womb that is holding this genetic connection – the grail. This is the way we would interpret it. It's not a thing. It's not material riches to be sought after. It is an idea, and it is the key to your liberation on Earth. It is the recognition of who you have been, who you are, and who you will become. It is the entire genetic package of your heritage.

So you have seen people risking their lives to find the grail, not even knowing what they're looking for. It was because they sensed that it represented freedom. You also had people desperately looking for the grail to hide it so that it would never be found.

This is the dynamic that's been going on on your planet. You have groups who want to keep you in ignorance and fear. And you have groups who want to liberate you. They've been butting heads for century after century. Again we remind you it's yourself and yourself. You're the only players. No one is doing anything to you. This is your way of being extremely creative and clearing up all the stuff, discovering your heritage, using the past to move cleanly into the future.

During the next twenty years much is going to be emerging – so much information, so much revelation is going to be emerging, it will be like a cleansing. This is necessary. And it's going to come in layers. The top layer may be your government's revelations. Oh my goodness! That's just covering up one more layer of coverup! Well, coverup is not the word we're looking for, but you know what we mean – hidden agendas.

The basic hidden truth all of these facades are covering up is your divine heritage, who you are. It doesn't mean you are all gods on a pedestal. It means you are all equal to God. You came from the heavens. You have a connection. You each have your own personal connection to a God that no one can dictate to and you are part of a vast network of family from planet to planet. A very liberating idea, yes? That's why it's not widely known – it's too liberating. But that's the foundational piece that all of the facades, the governments, the religions, etc. are covering up.

The grail is one key toward the understanding of yourself on a genetic level – who you are, where you’ve come from, and where you are going.

*In one of the Seth books they talked about the idea that the actual body that was crucified wasn't the body of Christ but that it was somebody else. Can you comment on that?*

We knew someone was going to ask that question. We would agree with that. We’ve not really come out to say this yet, but Jesus did not die. The ultimate blasphemy you may throw at your society is that he did not die on the cross. His value was recognized, and the individuals responsible for the crucifixion knew that a dead martyr is much more powerful [as a symbol]. So there were various political things that went on. He was allowed basically to go into hiding and another was sacrificed in his place. Thus he was able to keep the genetic line going.

*Q: What then is the Shroud of Turin?*

Many of these stories we share with you may sound very fantastic. You have to look at the whole picture instead of the fantastic stories.

The body that was put in the shroud was not the body of the person who died on the cross. It was the body of Jesus, but he was not dead.

*Q: He's not in trance or an altered state of consciousness?*

Well, a little bit of all you’ve mentioned. He had the ability to put himself in a very deep trancelike state, which he had learned in India. And he was able to translocate himself, hence the appearances in front of the apostles. To him and the apostles it was no big deal.

*Q: Why was he wrapped in the shroud? Why was he buried?*

It was necessary for people to believe that he had died.

*Q: But didn't they see that the man on the cross and the man that was buried wasn't the same person? I mean, linearly speaking, dealing with that group of people and those belief systems and that intelligence, didn't the same people go from the cross to the burial?*

First, many of the people who were angry about his existence had never really seen him; it was all hearsay. They had no real idea who he was. Only the Pharisees and the Sadducees and the people that surrounded him had really seen him. There was no television, no photographs, so it was very easy to deceive the public.

You wonder today about things that are covered up and how could that have happened.

*Q: Well, today with television and newspapers and everything, we still don't know the truth of Kennedys.*

There is also the idea of sleight-of-hand. Keep someone busy here while something else is going on over here – very easy to do. Of course, if anyone else knew the truth, they were either executed or threatened enough that they would be quiet. People were very fearful then.

There was the disappearance, the banishment of Jesus' family, into the Greek area and up into Europe, so they felt they would never have to deal with it again. Of course, all of the different structures that became the churches took it and ran, and you have the structure you have today.

*Q: What, then, happened to Jesus? Did he die a natural death?*

He died a natural death, yes. Well...

*Q: A supernatural death?*

Thank you. Yes, not a natural death in the sense of pain. Basically speaking, he was there one minute and gone the next.

*Q: So he translated himself fairly quickly?*

Which will take us back to this actual birth and conception because he was not totally Terran in nature.

*Q: I did think so.*

He had capabilities that the people of the time did not recognize; they weren't common.

*Q: What about his life after this crucifixion scenario? Did he continue a so-called normal, ordinary life in hiding or in another place with his family? Was he able to leave some kind of work after what he did for the mass consciousness?*

He actually did continue to teach. He taught in various disguises with different names and identities. It was not difficult in that time to do so because the world was not linked through planetary communication. It was necessary for him to change locations, but he was instrumental in beginning what you consider to be secret societies (not that that was what he planned to do).

*Q: Well, a lot of things he did came out differently from the way he planned.*

Exactly. But after he was gone it was recognized that he had started a liberating teaching. What is so interesting about the way your planet has thought is that anytime you have gotten a teaching that you see is liberating, you restrict it! You keep it secret. You make people pay a lot of money to get it – whatever. Kind of a paradox there. But that was the way you felt you needed to do it.

*Q: Actually that could be a foundation for the societies we are aware of today such as the Rosicrucians, the Knights Templar...*

Yes, absolutely. Knights Templar, Freemasons, yes absolutely. The foundation was in the early teachings of Jesus and then onward.

*Q: How long did he live, roughly?*

Interesting question. He spent a lot of time not in the earthly dimension, so he actually lived a lot longer. But in terms of Earth chronological years we would say perhaps 80. We can't really give you a direct number because it's not really counted like that. But he lived for quite some time. You will find that as things are being uncovered you are actually going to find some texts in Southern Europe that will account his life after the crucifixion. No one's going to want you to know that, so that will be quite controversial.

*Q: Some of that material is leaking out now. There were other teachers in various areas of the world who came, I assume, to give somewhat the same idea to people, to get them to realize they had their own power and to love each other (although I'm very murky on the subject of Mohammed).*

As you should be. Mohammed is a different situation. In no way are we slamming his glamour, but was an overlord, so you're dealing with a little bit different scenario.

### **Mary and the Immaculate Conception.**

We would like to go back to the immaculate conception. It is a very interesting story, because today in contemporary times you have the story of UFO abductions where some women are implanted with children, finding themselves pregnant without sexual intercourse. Well, this is nothing new. Now, the Mother Mary would have been considered a virgin, all right? If you do linguistic studies into the definition of virginity at that time (check it out), it meant never having become pregnant, not never having had sex.

The firstborn child of a woman carried the genetic coding of being the firstborn. Therefore if a woman had had a child, she is not a virgin because she has already had her firstborn, which was considered to be the true child of her soul. The later interpretation of virginity was to keep you under control once again.

*Q: It added to the mystery, too.*

Oh yes. Now what better way to keep a population in control than to control your most instinctive drive? If the sexual drive can be controlled, everything else can be, too. This is what you've gotten yourselves into, what you've created for yourselves as a process of liberation.

*Q: You mean this is what we're getting ourselves out of?*

Yes, that also. In that sense, then, Mary had never had a child. She was a virgin in the old sense of the word. Therefore, the immaculate conception would be what you would consider artificial insemination by another consciousness.

There are stories about angels visiting her. Those were the consciousnesses visiting her. Some of the other stuff in the story was added, but basically you have the consciousness that was to be Jesus being put into her for the purpose of his incarnation on Earth.

*Q: And wasn't Mary from a long line of very spiritual people? Was she selected?*

Yes. Well, not selected; she chose it. She had been preparing herself for many, many lifetimes.

*Q: What race was it that implanted her?*

I knew that one was coming up. It was not just one race but a genetic combination. We'll go back to our chart here. The primary genetic combination was Sirian and Pleiadian. Now, the Pleadians really don't like to talk about this. They're very sensitive about everything that they've done on Earth that could be considered interference. It's a sore spot. What that represented was Sirian past, Pleiadian future, an integration of those two energies. It was important that it occurred in that way.

What's very interesting is the contemporary images of the Mother Mary. There's an image that has been photographed somewhere in Eastern Europe. If you compare that image to the photographs that Billy Meier has taken of Pleadians, they are nearly identical.

*Q: The features are very delicate...*

Very delicate. The earlobes are lower, the chins pointed, the mouths very small. It's not that a Pleiadian has appeared in the guise of Mother Mary in Eastern Europe. But the area, being highly Catholic or Christian, has interpreted what they've seen to be the Mother Mary. There's a difference there.

So the Mother Mary was carrying a lot of the Pleiadian genetics. The Sirian genetics were put into her to combine with her Pleiadian genetics.

In some ways this was political, in terms of the ETs at the time, because you have the struggle between the Lyrans and the Sirians that occurred on and off throughout history, each attempting to gain a foothold on the planet. This was the way for the Sirians to perhaps gain a little bit of a foothold. It was like their last-ditch effort.

Implanting was just one level of the whole Sirian thing. There were other levels that could be considered to be altruistic. You have quite an interesting historical past, very colorful.

We're going to take it up to the Middle Ages, again jumping around.

### **The Creation of the Human Biogenetic Structure**

*Q: The creation of the biogenetic structure, how was that done? Was it chemical? Was it just for the body or for the soul as well? What's the makeup of the soul? Does it too have an equivalent of DNA coding?*

You are talking about the makeup of the human prototype created on Earth?

*Q: Yes, both the body and the energy that is the soul. Was that created as well?*

The souls were not created, no. The beings, the Lyrans and the Sirians who were involved in the genetic engineering of the Earth human, were looking to create the perfect vehicle, a body, for themselves to incarnate into eventually. It's kind of like building your own car. They wanted to start from scratch, build the car, and be the driver of the car. So the souls were already in existence. This is why we say you are them, because you were them.

The ETs we are talking about now who are fighting amongst themselves are reincarnationally you. This is how you are bringing about the transformation and integration on your planet. You have achieved what you set out to do - the creation of the Terran race on Earth - and then the incarnation into that race in order to work out the problems of your forefathers.

In terms of the actual genetic work, there was an indigenous Terran species on Earth, the primates. Throughout the primate development there were periods of time when genetics was inserted to speed up the process. But it wasn't until Neanderthal when things went crazy a little bit in a positive way. There began an explosion of growth, and it was at that time they guided humankind into Cro-Magnon man. That's where the whole missing-link idea began. The missing link was the time period in which your development was extremely accelerated. Your anthropologists can't figure out what happened during that period because it doesn't fit any of their theories. The most obvious thing is that you had help, but maybe they're not ready for that one yet.

So the vehicle became prepared then. The vehicle was given an instillment of extraterrestrial genetics. What we speak of, though it may seem fantastic to many of you, is commonplace out there in the universe. You hybridize plants on your planet, creating new forms of food. This is a natural process of evolution. And you will be out there someday doing this type of thing. You'll do it differently from your forefathers, we assure you. But it's part of evolution. Evolution has been frequently defined as occurring with no outside stimulus. But outside stimulus is part of evolution, so perhaps a new definition of the idea of evolution would assist you.

There was an infusion of the extraterrestrial genetics into the developing primate on Earth. Therefore you had Homo sapiens. The whole Garden of Eden story is a symbolic representation of your Terran species' leap from second to third density, the awareness of the I Am. (We're being very general here because we have told this story before and it is available on tape if you would like to hear it in detail.) That is how the race progressed into the prototype and then into the human kicked out of the Garden of Eden, becoming responsible for themselves.

*Q: Until that prehistoric time you're talking about there was no outside stimulus? It was just natural progression on the Earth?*

Yes. We would say it was a very ancient time when the Vegans were here. They did a little bit of terraforming, shall we say, but there was not really the major project that the Lyrans took on later.

### **The Soul Coding**

*Q: What reincarnates? The I who was me then and who will be me in the future is perhaps both my soul and my physical genetic representation...but that original soul unaffected by the genetic coding has its own coding. Where does that come from, and why should it be affected by the Terra coding in our next reincarnation?*

Good question. First, a little bit of metaphysics here. Let's say that the oversoul is the palm of the hand. The fingers are the lifetimes or incarnations. Now, the oversoul knows the entire story and dictates what you're going to do. That's your source. That's the source that made you Lyran, Sirian, and Terran – the progression.

Genetics has been considered a physical thing. It's in your genes. Your genetic coding is in your DNA. Now, there is etheric DNA (for lack of another term) that exists within the matrices of your soul or your oversoul's energy. This represents your past, your future, your present all wrapped up into one idea. It's encoded by light frequencies. This is what dictates or what attracts you to a certain type of body. When you want to come into a lifetime, there

will be various connections with the different bodies on Earth. If you want to incarnate as a black person, maybe there have been lifetimes as other black people and you want to resolve them. That's one idea. That's on the Earth level.

There are other levels that represent your identity with your Source on an etheric genetic level. That will dictate your experiences and your genetic evolution, not against your will but as a reflection of your will, and not only your genetic evolution on Earth, but your metagenetic evolution, the genetic evolution of you as a light being.

*Q: Originally was this etheric DNA created by someone, some energy form?*

No, not outside of you. We've described the whole idea of the dimensional infusion, which was your emergence into this reality that you all share. You came from a point of integration into a reality of separation. When you fragmented it was like the shattering of a mirror. You brought with you the original stuff that you were part of, and that is part of your identity. Your experiences here alter your identity; they change it, expand it.

So it's not that someone else created you but that who you are inherently created the codes that we speak of. It's a reflection of you rather than a blueprint about you.

*Q: People worship a god, or pray to a god, whether it's the image of a god or it's a Buddha or even back then...they tap in and get results. The god is just something that they made. So are those gods just like connectors to an energy that one was able to tap into?*

When one prays to a god and – let's say the prayer is answered. The person needs that figure because at that time in their lives they do not realize that what they are praying to is a mirror. They are only looking at themselves. So it serves a function for them to do that. But the evolutionary process is such that eventually there will be a recognition that you're only looking in the mirror and seeing yourself.

Here's an interesting thought: Let's say that someone makes up a god and they call it Bob, the god of Bob. And enough people begin believing in Bob. Because of the belief in Bob, Bob is created. Bob has the choice of becoming self-aware, but he doesn't have to. He can exist only as a projection of the people who believe in him, in which case it is like a two-dimensional image. To the people who believe in him, Bob is very real, and you could prove the existence of Bob.

Evolution always has wild cards. This is a case where you may actually be able to watch the birth of a new entity, because through the natural evolution of Bob's existence Bob may become self-aware. If that is the case, he becomes a true being and not just a projection of those who believe in him. So for all intents and purposes those who believe in Bob will know

that Bob exists, because Bob will be very real for them. And there really is no difference that he is a projection. Do you follow?

*Q: Well, actually, we're all projections of some sort of another aren't we?*

We were talking about the dimensional infusion. Sometimes people ask, "What happened before that?" Before the dimensional infusion you can liken that to your being one big Bob. Bob became self-aware, and the self-awareness was so exciting and so igniting that in his excitement he burst and fragmented. That's one way of looking at it. But that is how the creation of an entity can occur.

*Q: Well, it's like the devil then, too.*

The devil has a lot of power because he's been given it. That's the only reason why. So your church is being very real when they say the devil exists. But does the devil have an existence outside of it?

*Q: Well, I would say that he has power over those that believe in his power. They give it to him.*

*Q: They put their power in his hands. How does that relate to miracles such as the waters of Lourdes, St. Therese, St. Francis of Assisi and Bernadette?*

Miracles are self-generating. Miracles occur because the seeker believes they need something and can't allow themselves to give them what they need. Therefore the miracle will come in the form that is most comfortable. For the individuals of a certain religion, miracles come in the form they're comfortable with. For some of the more fundamentalist Christians, it comes in the form of faith healing. It's what you believe in. Miracles do not happen outside of you. You are the generator of them. It's up to you whether you want to create it so it look like you have nothing to do with it.

*Q: Let's say that Bernadette or St. Francis had nothing to do with working any of these miracles outside of the fact they are the mirror...*

They're the mirror. They are also the channel through which the energy may flow. Those whom you have deified may actually be the channel for energy to flow through for other people rather than themselves. But if you're just a sick person and you have a miracle, it's for you rather than your channeling for others. Do you see what we mean?

*Q: Well, I healed myself in a very interesting situation and when I asked about it, I was told that it was my soul energy that healed me.*

Yes.

*Q: Evidently your soul energy heals you when your ego is looking in the other direction, because the ego doesn't believe in that sort of thing.*

Yes, exactly. You've just said it all. Nothing happens outside of yourself. Absolutely not.

*Q: So if we take full responsibility for, let's say, fragments of Bob and we want to be the catalyst to do this thing, then the process is for us to get rid of our egos so that we can then put out the fires in Kuwait and help the people of Bangladesh and stop crack babies from being born addicted – all of that. There's some sort of process about getting the ego out of the way and allowing ourselves to be the channel for healing on this level.*

Exactly.

*Q: To sort of somehow focus all these people who do have serious beliefs in miracles so that their energy can flow and join ours and create some kind of...*

Exactly. There's nothing wrong in believe in miracles. You can coexist totally harmoniously with fundamentalist Christians who believe in miracles if you both allow the ego to step out of the way. They will create the miracles seemingly outside of them and you will create the miracles for yourself. And you both accept each other. It's not a matter of belief; it's a matter of allowing. That's the whole key.

*Q: There is enough space for a coexistence to take place for all energies, all races.*

Oh, yes.

*Q: Even from the very beginning why did the struggle for domination occur? Was it territorial?*

It was territorial. We'll explain a little bit about the dynamics of it. You are asking why there is conflict if the realization is that there's enough to go around.

The nature of polarity in your universe is such that it takes the form of service to others or service to self, or positive and negative. Negative can be equated with service to self; this is because of the energy dynamic. Service to self is contractive, contracting in on itself. Service to others is expansive, expanding outward but at the ee you're going to be scratching your head wondering what one thing has to do with another. We will clarify.

### **Lamb's Blood, Cattle Mutilations and the AIDS Virus**

The scenario is that you have a lot of dead first-born Egyptians and no dead first-born Hebrews, who had drunk the lamb's blood. Cut to the present day: You have on your planet what you call the AIDS virus. Any of you that have researched have found that the AIDS

virus is a combination of a sheep and a cow retrovirus. It has connections there. (In fact, the virus can be grown in the belly of these animals.) Lamb – sheep, all right? Now cut to the scenarios that were active in the seventies: cattle and sheep mutilations. (Are we putting the pieces together?)

In the 1970s you find the outbreak of AIDS. In the 1970s you find a preponderance of cattle and sheep mutilations in which the blood is drained. We would say that the plague that hit the Egyptians during this time and that passed over the Hebrews was a similarly engineered virus, but a more potent one because it struck and killed right away. (As you know, if you have a snakebite, one antidote is small portions of the snake venom.) You can get the antidote by understanding the chemical components of the thing that's poisoning you. So they drank the lamb's blood prepared in a certain way, which counteracted this very potent virus that was acting as a plague.

Cut back to present day: This plague is still being used in biological warfare and it's still active on your planet. There are forces on your planet who have been attempting to find once again an antidote, as well as forces on your planet attempting to find the way to recreate the potent virus from the Egyptian times. So again you have two different forces fighting each other: One is trying to find a cure and the other is trying to find a way to obtain it and wipe out a lot of people.

That is the purpose of the cattle and sheep mutilations – mostly research attempting to synthesize these chemicals. It doesn't have to do with ETs who are wanting to eat you, who are trying to drain blood for their nourishment – nothing like that. That's more symbolic of the memory of the drinking of the blood way back when.

*Q: Is it our planet's Homo sapiens who are doing this?*

Homo sapiens doing what? The mutilations?

*Q: Yes. Who are you saying is doing the mutilations?*

We define mutilations: Ever since the 1970s there has been a greater awareness of cattle and sheep mutilations, which seem to have used laser beams or instruments you do not possess on your planet. Very clean incisions, and most of the time the blood is completely drained from the animal. We are saying that there are different groups doing it. Some are human (Homo sapiens) and some are extraterrestrial, so it's not clear-cut.

*Q: Are those extraterrestrial groups associated with those on our planet like the Greys, or are we talking off-planet now?*

We are talking off-planet, descendants of those who still think there's a territorial dispute going on. There are extraterrestrials as well as humans who are attempting to find the antidote. There are extraterrestrials as well as negatively oriented human groups who are attempting to use the virus. So you've got them on both sides.

We do not perceive that you are going to create a reality in which the AIDS virus is going to wipe you out. If you remember, earlier in the session we talked about how emotional states like fear can trigger certain things like the latent code for monogamy. Emotional states can lower the resistance of the immune system. This is becoming fact on your planet, but they do not yet understand the intricacies of it. If your population is kept in fear, you can trigger the immune system to accept a foreign virus to become embedded in you. If you as a population transmute your fear, this virus will not be able to touch you. Period. No ifs, ands or buts. This is why this whole challenge right now is so important for you. Because you not only save your skin; you also become liberated as beings on the planet.

At the risk of being redundant, it's you who are doing it to yourselves. We will never, ever, ever give power to the idea that someone's out to get you. You have created this scenario for very direct purposes and understandings. You will gain out of these scenarios what you have set out to gain. You may gain it quickly or it may take a long time; that's really up to you. But no one, no evil force is putting anything over on you. This is your game and you are all chess pieces.

*Q: At one session we were talking about dis-ease and not illness and how quickly it can be cured if you deal with why you created it. When I asked if that included cancer, your reply was yes. When I asked about AIDS, your reply was, "If you deal with the source of it." I asked what anyone could wish to experience through AIDS; your reply was "Total vulnerability." So those who wish to experience total vulnerability here can do so now in this way?*

Yes. Just look at the idea of vulnerability – the immune system. When your immune system's down you are totally vulnerable. So we would absolutely agree with you. It is created now because there is a reason for it to be created here now. It's a very important process you are going through. Even though we understand that all of you value your physical lives, etc., the end of your physical life is not the end of your existence. There is greater good being accomplished by the individuals who choose to exit the plane in this fashion. And this scenario in the present is also linked to the scenario during the Moses time, as we were just sharing with you. What you're doing now is cleansing that whole earlier scenario – those wars, the idea that some of you must be saved and some not. All of those scenarios are necessary to be cleansed.

If anyone into genetics or medicine listens to this tape and does some research, pulling out the ancient biblical texts that talk about the preparation of the lamb; if they really want to take it seriously, they will find connections – we guarantee it. You may actually be able to find an

antidote. We understand that this information may stretch the imagination for many. The more you think about it, the more sense it is going to make. This scenario is something that's been around for a long time, and has been triggered whenever humanity wished to create a shot in the arm for whatever reason.

### **The Real Lesson: Empowerment and Ease**

*Q: If it has a purpose of being and it's synchronistic with those who need to have that experience, then it has its own natural outgoing. So why should anybody really be trying to come up with an antidote?*

The ultimate goal is not to find the antidote but to come to terms with the idea of your all-empowerment and know that you need not create learning a lesson in a painful way. You can discover this for yourself by finding an antidote, which is what you did for polio, for example. Some individuals may choose not to do it that way, and that's quite all right also. It's really up to the individual and the society to make choices about how they want to manifest it.

A lot of AIDS research is being done in terms of sound vibration – the shattering of the virus. We would also say that should you wish to wait it out, the virus will naturally mutate into a dormant stage, where it will become something that will not affect you either positively or negatively. However, many of you may not want to wait until it mutates.

The percentages and projections of death from AIDS in the coming years are highly inaccurate. It's all done on paper; it's two-dimensional thinking, in that sense.

*Q: Too high or too low?*

Oh, much too high.

*Q: It's not going to be as bad as they think?*

No. When you calculate something on paper like that, you are imposing your reality of calculation onto individual souls who are going to make their own decisions. So it is not applicable. There are many other factors that are not being considered. We would certainly encourage you not to be alarmed and to do what you need to do in your life to cultivate your own self-love, to expose your fear and integrate it within your being. That will be better than any antidote you could possible take.

*Q: In a more earthly question, who's responsible for introducing AIDS into the physical?*

Well, back then it was some of the extraterrestrial groups involved in the warring. But in the present we would say it was the researchers.

*Q: On purpose or accidentally?*

They discovered it on purpose, all right, because researchers will play – meaning they were looking for something. To be somewhat vague about it, certain forces got hold of the information from the researchers and used it for their own purposes.

*Q: Is it true that the Navy Department or Army has used it by injection? There is a theory that it has been injected in mass inoculations.*

We would say it is not so identifiable as the military. We are talking about very covert shadow groups.

*Q: Was it used as a hepatitis vaccine and then introduced in that form?*

Prior to that it was introduced in another way as well.

*Q: Would you suggest a college-age student should engage in sexual activities without concern?*

There's a difference between discretion and fear. In a sense, fear will draw to you that which you fear. Discretion is common sense, and common sense says that whatever you want to engage in in your life you take full responsibility for. You take all options and all precautions, if there are any. We would certainly not say to someone, "Oh, go have activities with anyone you want because it's only a belief system." If you don't really know what your belief system is, then you are going down a dark hole with the lights off. There's nothing wrong with discretion and precaution. But if you take action out of fear, you would serve yourself more by first addressing the fear rather than the thing you fear, and transforming it. Then everything else will transform with it. Do you follow what we mean?

*Q: So you are saying that if an individual, through acceptance of their own vulnerability and spiritual makeup, is convinced that they are not vulnerable and have no fear of the AIDS virus, then they are really invulnerable to it?*

Yes.

*Q: They just wouldn't draw those people to them, right?*

Exactly.

*Q: It's not that they're invulnerable; it's that they wouldn't draw those people to them.*

Exactly, yes.

*Q: It changes the idea that AIDS is only transferred through sexual intercourse; babies are getting it.*

The thing is, if you are going to get it, you're going to get it even from a toilet seat (if you get the drift of what we are saying). Protecting yourself by wearing a mask every time you go outside is not going to do it. Wearing a condom is not going to do it.

*Q: Are you talking about general fear (because you can have fears in many directions)?*

It's the fear of your own vulnerability, the fear that someone or something can get you. If that fear rules your life, you are a prime target.

*Q: Aren't you also a prime target if you are sure you are invulnerable? Might you not attract something like that just to show you that "no, you are not"?*

If your feeling of invulnerability is grandiose and covers up a feeling of insecurity, yes. If you're feeling invulnerable, but it's a misaligned invulnerability, then you're only covering something else up.

What it comes down to (so that you don't have to figure out "Well, do I really feel invulnerable?") is taking each experience as it comes. Be aware of why and when you draw things into your life. And make decisions with discretion, which is all you really can do in your life – the middle ground, the ground that will bring you joy and excitement and growth.

*My ex-nutritionists got their first AIDS patient, who was dying and wanted to try their particular diet, which is all raw foods. But he's had lots of past illnesses and was full of medication. The diet constructed for him, strangely enough, was a lot of raw meat, fertile eggs, honey and oranges. He said it was delicious, but getting rid of toxins was so hard on him that after a bowel movement he couldn't drag himself out of the bathroom. He said everything came out green. So it was working, it was taking care of it. But he was so far gone and so weak that he just decided to give it all up and check himself into a hospital. He knew the minute he did that he was a dead person. The nutritionists learned that kind of a process would work to cleanse and rebuild, although there was no way the patient could really follow it through to its final conclusion.*

There have been many cases, not isolated, of holistic healing of AIDS, but you're not hearing about them. The reason you're not hearing about this is obvious if you think about it; chaos would occur in the restructuring of your medical associations.

*Q: That would kick over a lot of pedestals.*

Medical pedestals. Thank you.

*Q: I read somewhere that there's nothing that can't be healed with something from the Earth. It has everything that can help you.*

We agree. But sometimes you have to actually detox yourself to be able to take in that herb. Many of the foods that you eat will toxify you so much that you will not be able to benefit from the herb.

Taking it back to the topic, even if you discover a vaccine, it's not going to work unless you want to heal yourself. You all know that, at least in theory. So AIDS is a very major challenge for your planet (not that you haven't had enough challenges already).

### **The Purpose of Not Healing**

*Q: Is there some purpose being served by not wanting to heal oneself, by wanting to suffer rather than take a more joyous route to learning?*

There are always purposes, and the purpose may be on an individual level. For instance, the person themselves may feel they need to benefit from that experience. Maybe they did something in another lifetime and this is their way of learning about it. And then there's a purpose in terms of how the person interacts with other humans, and that purpose can be multifold. Watching someone die in pain triggers great healing emotion, and great healing emotion has been one thing your society has avoided for a long time. So it's very purging. There is always a purpose. In fact, nothing ever happens that does not have a purpose.

*Q: The question is then, how much do you communicate to a person who is really suffering that they could take another way out? Or should we just leave them alone?*

You can communicate to them new ideas, but there is a fine line between their actively taking it and your pushing it on them. If you see someone is willing to look in other directions, then you may feel you can be of help to the person. If they are resistant, you may every once in awhile put a thought out to them. If they don't take the bait, it is not your responsibility.

*Q: Isn't it a level of evolution to take another way out, or are both ways equally useful?*

They are both equally useful. Your society is learning to emerge out of the martyr or victim complex. It's not so much that you are exchanging one way for a more evolved way; it's that you are exchanging a less pleasurable way for a more fulfilling way.

*Q: When you say "your society," what do you refer to?*

We refer most directly to your American society and indirectly to your planetary society because we understand there are exceptions when we target your society.

*Q: Why do you refer to the American society?*

Because we are speaking to Americans and most of the individuals listening to the tapes will be Americans. Also, many individuals on your planet recognize the American as being a wayshower. We are not isolating the American public as being different from the rest of the world, but what we say is often targeted toward your belief systems here because we are talking directly to you. It might be slightly different if we were talking to a Japanese or Australian or French audience. In general, what needs to be communicated is communicated.

*Q: About belief systems: I know individuals who continue to toxify their body – you know, Coca Cola and coffee and white flour and sugar – and actually believe that the more they consume the more immune they will be. Can one neutralize that belief system about being toxic and continue to toxify themselves without its affecting them?*

Absolutely, yes. Again, it's all belief system. If you took a human body without a soul and nourished it, you would find that it responds to substances such as algae, things lower on the food chain, wheat grass, vegetables, fruits, etc. But as soon as you throw the soul in, you've got a belief system and you've got the choices that soul has made. For instance, Bob there may never have been sick a day in his life; he eats butter on everything and always feels wonderful, but his diet is atrocious. One day Bob dies of a heart attack at a young age, even though he has never been sick. Bob didn't really have a belief system about food; he ate the way he needed to eat so that he could fulfill what he wanted to do, which is die at an early age.

In that sense, everyone is doing what they need to do at any given moment. As you relinquish the judgment about this, you will all relinquish your judgment about yourself and your belief systems. Then you will come more into alignment with some of the more natural forms of food. If you're not there now, that's quite all right, because it's not going to affect you. Do you see what we mean by that? It's all your belief system.

*Q: Can there be a person who has certain tasks to accomplish and who gets interrupted by an opposing program that sabotages or interferes with this person's accomplishment because it would go against those that are trying to oppress?*

This can only happen if this is part of the person's blueprint and they've chosen to be interfered with by a seemingly external source. There can never be someone else who influences you who is not part of your agreed-upon process.

*Q: So the first-born Egyptians who died chose to have that experience?*

Yes, absolutely. That was their experience, their choice. A lot of it was based on belief systems as well, but on the soul level there were others reasons, depending on the individual.

## Moses and the Ten Commandments

*Q: Can you enlighten us somewhat about the Ten Commandments? Where did they come from? I do not believe God gave Moses these tablets.*

*Q: Yes. The "thou shalt nots," you know, is the patriarchal society. But there must have been a better wording originally as guideposts.*

Good question, thank you. We were earlier talking about the overlords. During that time there was a Sirian overlord who was on and off in your history for quite a long time. You've known this overlord by several names, one of which is Jehovah. Many individuals ask what the relationship is between Jehovah and Yahweh. Just as you have unbalanced people on your Earth, people with multiple personalities, this was also common in the ET community. Jehovah, known as the angry God, also had a very kind and compassionate side - Yahweh. It really would depend on the mood of the day which side would come out.

The entity Jehovah had several incarnations; some of them were very kind and loving and some were very authoritarian. The Ten Commandments were given to Moses by the overlord Jehovah. This is very interesting, because as you read your Bible (we're struggling a little bit with the wording because the channel is not Bible literate), when God was on Mt. Sinai it was described as billowing clouds and red and rumbling spaceships. Unless you're talking about a volcano, what causes the sky to be red with smoke and rumbling?

*Q: A volcano.*

Yes, but that was not a volcano. The ETs at this time had close to what you call rocket ships. They did not possess the ability to fold time, so they traveled on the surface of space. When we say rocket ships, that's what we mean. Moses went up the mountain and was exposed to radiation from the ship. And the burning bush idea was about his exposure to radiation there. When he came down, they asked why he's aged so much up there. He had absorbed its radiation.

Moses had some extraterrestrial blood in him to begin with, so he was very long-lived, even with the irradiated condition.

*Q: How long was it?*

Several hundred years. The Ten Commandments were Jehovah's latest way; he had tried many ways of instilling law and order in the people he was supposed to oversee. The "thou shalt nots" and all of that were softened a little, but they were still harsh and rigid. That was a reflection of his personality.

Look at what those simple Ten Commandments have done for your world. Imagine this one ET overlord – a man just like any of you in the room – squalling from this stone and affecting a planet for millennia. Kind of funny, isn't it?

*Q: Did they have laser technology at that time?*

The ETs did, yes. The tablets were etched.

*Q: Did they use the language of Moses in etching these commandments?*

Yes.

*Q: Did Moses think of that ET as a God or as a messenger?*

During that time they knew that God had a body. What you're seeing in your Bible is not the way they thought then. If you walk up to someone in the street and ask, "What's God?" people are very confused. They don't know. Back then the overlords were the gods. You served God. You were like a handmaid to God.

*Q: God included different beings, not just one man, right?*

Exactly. It was either a group or one man, etc.

*Q: So we have a patriarchal power structure right there even in those days. There were no women gods?*

Oh, yes there were. Absolutely.

*Q: So where did the idea of one God come from?*

The idea of one God was a recognition on the part of your people dealing with the overlords that these overlords were not God, in the sense of the Supreme Creator. They knew that they were people, not the Supreme Creator. There was a spiritual understanding that recognized one Force. So now you have these two different beliefs ingrained in your planet: Some people say God is a force; some say it's a man sitting on a throne. Then they were clear about it. But they thought that perhaps these overlords were closer to God and that they were not equal to them.

*Q: What did Moses see when he looked at them? What did they look like? Were they dressed in spacesuits or...?*

No. There were very bright to his eyes. It is our understanding that he really set eyes upon them only once or twice. At times he would see the ship engulfed in smoke or clouds, and the

bush was also a representation. But only once did he actually look at a closer representation of them. It was a generated image and it was light; it would be like looking at you and being blinded by you.

*Q: Can I take you back a moment to this first-born child, whose genetics are slightly different from the other children in the same family? What is the reason for the genetic material in the first-born to be slightly different?*

It was to track them so that they could keep the blood lines pure.

*Q: Is this the latent thing we are still dealing with?*

Yes, this is something very much still there.

*Q: The first-born child in each family has a harder row to hoe because they say that the parents are not psychologically equipped or experienced as parents and the first-born has to be the experiment in the parent-child relationships. Is there any connection there?*

Well, it's a vague connection. The two different ET groups, the Lyrans and the Sirians, were your models for relationship, meaning that you took on the role of the child and they became the symbolic parents. As you began to be fruitful and multiply, you began treat there was usually a conflict between the two parents, and that the first-born child had a greater responsibility. Just about every form of dysfunction you have now in terms of family dynamics has come from the patterning of your relationship with these early extraterrestrials.

We marvel at this. You know, we love you all so much. But sometimes it is baffling as we look at the dynamics and see what you've been through and how your present core beliefs result from the patterns from your early ET forefathers. It is amazing. And that hasn't dawned on you yet, meaning your mass consciousness.

You can see how valuable this information is that you're sharing with us. How valuable this could be if it were disseminated on a broader base! Valuable only to a point, because those who wish to hear it will hear it and others will not.

*Q: Information of this sort is coming out in groups all over the world.*

Yes, it is. And the language will be couched in the belief system the people will be able to understand. Yes.

*Q: What is the difference between people like us here who are really into this information and people who are not in the least bit interested or attracted to it? Is there a different level of soul evolution, or are we from different places? Why are we attracted to it and so many other people not?*

It's more that you've chosen to be a trigger in this lifetime; that's why you are attracted to it. For instance, you all know the story about the hundredth monkey. Your whole society one by one does not have to change. When enough people change, the whole society changes. Those of you who are attracted to this are the ones bringing in the new ideas. Numbers of people are needed to resonate with new information, but after that the point becomes moot because you all will kick over no matter if one more gets involved or not.

*Q: And are we heading toward that?*

Absolutely, without question. Yes!

*Q: I'd like to get back to the Jehovah discussion. I am somewhat familiar with Biblical language, so I know that Jehovah is not a Hebrew word and is not mentioned in the Hebrew Bible. It's merely a transliteration of an acronym which stands for God. That acronym is always interpreted as First God. The name Jehovah doesn't exist in Hebrew at all.*

Correct. It is a name that you use now, but it is not inherent to that time. Thank you for bringing that up. You see how the whole idea of the first cause or God as being an energy or force becomes confused with the idea of a person; thus when you attempt to look at a religious connection it becomes a model.

*Q: So you're saying that in the Bible there are two references, one to the First God and the other to these ETs, these overlords?*

It really depends on the particular story you are talking about. For instance, Elohim is a group rather than one person. Jehovah may be one soul but many incarnations.

*Q: But Jehovah is nonexistent in the Bible – isn't that an accurate perception?*

Yes. But the name is used as a label. And there have been other connections. The Sumerians...well, we really don't want to get into that. The connection with Enki in the Sumerian text with Jehovah is not a direct connection. They're not the same soul, but it's the same soul family. Do you follow what we mean? We would like to clarify for you, so please engage us.

*Q: The Hebrew name that has been transliterated into Jehovah refers to that which always was, is, and always will be. That's the definite reference to the First God, not to an overlord.*

Yes. We are saying that the Bible has confused several different issues. The Jehovah that you speak of and the reference is not what we are calling the angry God person.

*Q: So you're saying Moses had different experiences at different times and conveyed different messages?*

Yes.

*Q: Some of his experiences were not in communication with anybody but were just a meditation, picking up wavelengths?*

Absolutely correct. Another tactic, shall we say, was communication to some of these people like Moses through disguised sources. You have this now – double agents. It is just another way to cause confusion. When you can confuse, you can control.

### **The Overlords Now**

*Q: Did the overlords just die off and not perpetuate? I don't understand when they came to an end or why or how.*

There were periods of time where the balance of power shifted on your planet – for instance, the time of the Flood (just to throw a random event in here). Prior to the Flood the Lyrans were in power and after the Flood, primarily the Sirians. Through various periods of time descendants would come and claim the rights of their forefathers, and that's where the struggle would happen.

It's not that we're being restricted, but you must understand that we have what we feel to be valid reasons for not talking about what's going on right now. Part of this has to do with the fact that this is not your battle. The whole idea of co-dependency and enabling shows that it will not serve you to become involved in this. It is not your business, in terms of your day-to-day life. They cannot affect your day-to-day life.

*Q: They still exist then, the overlords?*

They are still in existence, but they no longer control like they used to because enough of you are on to them. (As a example, the entity you called Hitler had some contacts with one of the Lyran overlords.) They are very limited as to what they can do on your planet right now.

*Q: Spiritually, a lot of us here are more evolved than some of the overlords are, as far as understanding that everything has its right place and its own power...?*

In terms of your being willing to work through these issues, absolutely so. In a sense, you can say that they come from a past orientation. Remember what we said: They are you. So it's your past selves acting up or acting out. When we said for you not to get involved in it, we don't mean not to take responsibility for your past, because that is important; we mean, don't bring that into the present and perpetuate it. Let two kids fight it out and it's pretty much

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over. If you go in as a parent or another person and point your finger and yell, you're only going to make it worse.

*Q: Would you speak more about the parenting patterns that we inherited?*

Yes. We will speak more about this in the future, but we will give you some basic dynamics.

The Lyran manifestation, the more authoritarian manifestation, would be like the father. The Sirian manifestation, even though it is authoritarian, takes on the mother role because they're the ones that always were trying to protect you (even though at the same time some of them were stabbing you in the back). What you have here is a dynamic between Mother and Father who have their own agendas in dealing with you. They sometimes present a united front, but they have their own agendas.

Within the hierarchy as it was in the past, the Sirians would mostly defer to Lyrans, the mother deferring to the father. "Go ask your father." That's one dynamic that was instigated, that somehow the father figure in the relationship is the dominant one. It has nothing to do with societal roles - that they earn more money or that they're the one that goes to work or whatever. It's the patterning. There have been ancient civilizations who switched the roles, so it's not a given, but it's a very strong factor on your planet.

### **Pattern of Family Secrecy: Molding Your Species Identity**

One of the other manifestations of patterning is in the realm of family dynamics. There's a lot of secrecy in families just like there is in government. And whenever there are secrets not shared, chaos erupts. Secrets are like a magnet in a relationship; you're always drawn in the direction of the force of the magnet. And the magnet is like a black hole, because every time you look you can't see anything. So whenever these early forefathers of yours would interact with you, you would feel their secrets, meaning what they are ashamed of, what they fear, all of that. Because they're not willing to lay their cards on the table, you see them as being somewhat above you - they don't have any problems they are very pious and good. This is passed down from you as you interact with your own children; parents present a front where nothing is admitted to be wrong. They are almost superhuman. How many of you remember looking at your parents and thinking they didn't have any problems, they didn't have any secrets? That's the paradox; that's the dynamic. It was very obvious to many people that they did, even though they "shouldn't." A lot of confusion has occurred because of this early patterning.

Right now in your time period you're paying a lot of attention to how you have gotten to be who you are because of your parents and how they have gotten to be who they are because of their parents and on and on and on. But you've not yet taken it all the way back to the source.

When did it start? It didn't start from some great grandfather who was an alcoholic. It goes further than that. It goes to the source. It goes to your species identity.

Who is responsible for molding your species identity? Who was it? The parents, whoever they were. An immense responsibility. So as you expand your consciousness you begin to be able to look back into that void and see just how far the chain goes back to the source. Once you target your forefathers, you have all of your forefathers' development to look at. But it won't be quite like that; we're dealing with a planetary dynamic here. Very liberating for you.

*Q: Would you speak about this role-patterning in connection with the women's movement?*

During early civilization, very early, you were all dependent on the gods. They provided you with food, shelter, and a reason to live. When you grow up, especially in the first few years of life, your parent is your world. That's one aspect of it.

In response to your idea of the women's movement, women and men have exchanged roles throughout time. If you go back to the source of the human identity, women were valued because of the stock they could produce. We understand that's a painful thought for many women. In the minds of the gods men were valued because of the strong physical work they could do and for the occasional sperm seed to help along the race. But frequently it was the gods who impregnated the women – hence the divine goddess image.

In the last hundred years as you are now coming to consciousness, as you are coming to an awakening, you will have to come to terms with your planetary identity and your identity as reflections of polarity, meaning male/female, and how there's male within female and female within male. Part of what you've experienced with the whole revolution is an attempt, however dramatic, to bring it to balance.

Just a few year ago the big thing was women's spirituality. Just several years later it's men's groups. You are all desperately trying to find a center, to find a male within a female and a female within the male. You're going to find it. You're going to find it and you're going to discover your spirituality in this, because no longer is your identity your body or what you can provide to your parental god. That idea is gone.

Your Bible or your Christian or your Catholic says to have sex only for procreation. Do only this, do only that. Sex should never be enjoyable, etc. Again, this is the idea of controlling the body functions, the idea of women being childbearers and men being basically good for only one thing. Those ideas are changing.

*Q: That's because of the development of the integrated human being now.*

You're going to see more and more and more of this in the coming years. Especially look to your children. Adults are now learning to repattern their children different from the way they were patterned. So a whole new paradigm will be formed. From where we sit, it's quite exciting.

*Q: I wanted to ask about what the esoteric significance of the other sacrifices were later on in the bible?*

Can you give an example?

*Q: Well, in the time of the temple in Jerusalem there were many animal sacrifices.*

It would really depend at the time on what was going on as well as the significance of the particular animal. For instance, a lamb is very vulnerable. (Lamb, AIDS, vulnerability - all have the same idea.) It would really depend on the time period, the instance, and the particular animal as to what the significance was. Look at the surrounding events, look at the symbology, and you will be able to see it. Use your imagination.

*Q: What about Lazarus, what he really did and how long he lasted after he was risen? His life couldn't have been quite normal.*

We are accessing channel memory; there's no reference, so you will have to tell the story in order for us to respond in your language.

*Q: Jesus raised Lazarus from the dead. Lazarus had died. The family of Lazarus came running to Jesus for help, so Jesus went to the tomb and called down in a loud voice and Lazarus came forth from the tomb. Could it be that Lazarus was really in a coma and Jesus was wise enough to recognize that? That is one of the theories.*

To our understanding, the body had not died. The situation was a comalike state, but at that point when Lazarus woke there was a soul exchange, what you would consider to be a walk-in experience.

*Q: And of course Jesus was said to have performed a miracle.*

That it was his doing. He's the kind of dude who was in the right place at the right time.

### **Renegotiating Your Future an Easier Way**

*Q: I've come to realize that a lot of things that have happened in my life are because I agreed to them at some level of consciousness. So if I'm having an experience and I disagree with it, how can I negotiate?*

Excellent question. You are never bound by your agreement, like a marriage contract. Let's give you an analogy. When you come into a lifetime, your oversoul chooses that you go down a certain hallway. Go down that hallway you will. No matter what else you do, you're going to go down that hallway. As far as how you go down that hallway, that is entirely your doing. You can run; you can go backward; you can cartwheel. That's the difference between your oversoul choice and your free-will choice. Your oversoul creates the hallway, but you are the one who chooses how to go down it.

Let's say that you've chosen to create chronic pain in your leg. Now, you recognize this was an agreement to get you to the point right now that there's something you wish to realize. First would be to recognize and own that you've made that agreement. The next step would be to understand why you've made that agreement. Sometimes that's difficult for many people; it can be painful because it might be something you don't really want to see. What were you trying to teach yourself? Why did you choose to have the pain in your leg?

Then the third step would be to discover a way in your head that you can give yourself the same lesson in a more comfortable way. As you go through this process consciously, it's going to renegotiate your agreements. You get to the point of number three, where you say, "I can give myself the same message by doing this instead of this." When you get that realization you are going to break the hold you have on the negative pattern, the pattern you don't prefer. Step four is to begin to actively engage the new preference or behavior. Take one step at a time. There's no rush to go through any of the steps. Do you follow?

*Q: Yes. Is it possible that my oversoul made two conflicting agreements? Or a walk-in situation?*

Your oversoul will never create something that can't be resolved. Now, rarely an oversoul might create something that couldn't be resolved because you needed to experience unresolution. That's not the case here. Your oversoul will not create something that cannot be resolved.

The walk-in experience is a lot less frequent than people think. Often the new energy that comes in is a part of you that braids with you rather than replaces you. Do you follow?

*Q: I have a question then regarding the blueprint that you have through astrology. Is that the oversoul's blueprint or the one that shows how you are going to walk down that hallway?*

It's the oversoul's helping to build the hallway. For instance, as you're going down the hallway, it's like an area that gives you traction. Let's say you have a certain thing in your chart that says that you could have good interpersonal relationships. It's giving you traction in the hallway so that whatever you choose to do, your foot won't slip. But if you want, you can totally ignore that. It's something that's given to you as a tool if you want to use it.

*Q: In the area of astrology where your houses are empty, can you start making your own chart consciously?*

Yes. It won't change your birth information, but you will draw to you energy that perhaps you didn't previously realize was at your disposal. It's like changing your reality.

*Q: Can you expand upon that last statement a little bit? I guess I'm wanting a little bit more information.*

It basically has to do with setting up something that you want to create in your life. Using a chart is one way to do it, but it's not the only way. The dynamic of doing that is the same whether you use your chart or just do it in a notebook or in your head or whatever. Set out to draw something to you and start playing with the idea of becoming that thing.

### **Hitler's ET Connections**

*Q: Can you tell us what the nature of Hitler's meeting with that overlord was?*

Hitler was a very ingenious and intelligent man; in some ways he was also used as a puppet. He was aware of the existence of extraterrestrials. He was aware, at least in the abstract, of the existence of a particular energy that he was tapping into. We do not perceive there was an actual face-to-face meeting, but he was conscious of the idea that he was receiving guidance from another realm. It was Lyran in nature, authoritarian, stern. Lyran is also Caucasian, Aryan. One of the things we did not mention today is where prejudice comes from on your planet.

The primary, top-of-the-hierarchy gods were Caucasian. That's where it came from. There was a belief then that the higher evolved you are, the whiter your skin. (Ask a Klu Klux Klan member and they will tell you that.)

*Q: When you said that the Hebrews were under a Sirian, that didn't register with me because I thought they were considered white.*

In the chart we gave you [from Prism of Lyra by Lyssa Royal and Keith Priest, 1990] it's more of a Vegan connection. As it plays out on your planet they are still Caucasians, but it's a different genetic strain. When you look at Hitler, then, it's the Lyran overlord attempting to get back at the Sirians through Hitler.

*Q: In the case of the Hebrews, I'm still not clear why...*

Sirian connection. That's why the Hebrews were his primary target.

*Q: What are the Lyrans getting back at the Sirians for?*

It's the age-old territorial dispute that started in the Lyran system and was brought to Earth. Earth was seen as a very rich environment, desired by many groups who were colonizing.

*Q: So it was rich in minerals, natural resources and that sort of thing that the Lyrans coveted?*

That was what it was at the beginning. But then the race that you became was very tantalizing. You were a very challenging species to dominate.

### **Claiming Our Power and Unified Identity**

*Q: If we are fighting only ourselves, then any outside group we draw to our planet that would still war over us is still created by us?*

They exist outside of you. They are independent of you, but you have attracted them to you because of what you need to resolve within yourself.

*Q: In other words, they're mirroring what we're still working out. So the idea of a continual war over Earth – the taking of and colonizing – is still very much in existence until we finish this?*

Until you claim your power and have a unified planetary identity. The reason you are still seen as something to be claimed is because you haven't claimed yourself.

*Q: Why haven't they come down enmasse and just taken over?*

Because their tactic, their philosophy, has been to divide and conquer. If they come down enmasse you will unify because it's a common enemy, and you would be able to oppose them.

*Q: What you are describing sounds like they are more powerful but we are more spiritual.*

Interesting way you worded it. They are more powerful in the physical sense, in that maybe they have more technology than you. But you have a power that no one else has. It's a power that's born from the integrative process you've gone through, not just from your inception on this planet, but you as them and their past. Right now you possess your Earth history of integration as well as the history of the forefathers. They possess only their history.

*Q: So in all your descriptions it does not sound like they are moving toward any goal except territorial claims and power plays. It does not seem that they are working on themselves the way you're telling us to work on ourselves.*

They are doing it in the sense that their numbers are rapidly decreasing. That's an indication. Way back in the forefather days their numbers were very large. Their numbers are smaller now.

*Q: Are you going to identify the "they" as any particular group?*

We would not do it justice by doing that, because the identities we're giving you, Lyran and Sirian, are ancient labels. Today it's a little bit different. It's more clear for us to talk about dynamics rather than labels.

*Q: If their numbers are diminishing, does that mean there are more reincarnating here for this experience?*

To take the active role in integration, yes. Those who are only bent on domination are getting pretty tired of losing or at least stalemating, and are going somewhere else, as are those who are not interested in your growth.

*Q: Is there anything we can or should do upon encountering some of these energies that are incarnating now who are stalemating? Those are friends of ours and who are going through this process but are...*

There really is not much you can do except be willing to present new ideas to them. If they wish to reject them, that's their responsibility. But just be willing to give an idea, a new idea, that can trigger someone into a whole series of realizations. Other than that, there's not really any responsibility. You have enough to handle with yourselves.

### **Meeting These ETs**

*Q: I understand that within the next ten years most of the planet will become aware that there are UFOs, that there are ETs, and that we've been visited by them for years. How's that going to affect the idea of these overlords?*

They are going to be exposed through a series of events. The first would expose the coverup. Even though many of you really enjoy drama, there is a possibility that the coverup may never be exposed. There is a reason for this. You will start your relationship with them in the present.

*Q: Like this is a surprise to them, too, like it just happened?*

That may be the clean way to do it, a way for them to cover their bases that would provide a major service to everyone, so that everyone can work on healing the past without the scandal and the emotions that would confuse the issue. That's a possibility. If "coverup" is thrown

around, then those reactions may become mixed with the emotion of discovering your galactic family, and things may become muddled.

*Q: Will it create the idea in the minds of people on this planet that they are not evolved enough, and they will thus start all over worshipping these gods?*

We don't perceive that will happen. Remember, you are them, and all you have experienced since the time you worshipped them is to get you away from this idea. There may be individuals on your planet who may do so; those would be individuals who are fearful of their own power and must give it to someone else. But as a whole, we do not perceive that will happen.

We frequently study the natural development of planetary civilizations who go through the period you are in now – becoming globally unified and bringing in your connections from extraterrestrial sources. The stage you are at right now is the natural state, the natural timing, when you break the process of worship.

*Q: Would this interchange, if it weren't used as a coverup and there were mass visitations, be short-term; would there be a common interchange; or would there be a certain event set aside?*

Things are happening so fast on your planet right now that it is our understanding there may be a fervor when it begins that may last a year or maybe less, and then it will be business as usual.

*Q: Regarding the "powers that be," the group that has the appearance of the control of planet Earth – the banking system – and has been for some time: They have been working with extraterrestrials; have they been working out of the Lyran idea [authoritarianism] made more manifest?*

Their agenda (maybe not consciously) has been to heal their Lyran connections, so they're recreating it in order to heal it.

*Q: Although their apparent motive is to gain power.*

Yes, because that's the way to get themselves to that point, from which they can take it for healing. That's the starting point for the healing, as they see it.

*Q: That will also be their demise, in a way, a breaking down of the power idea, and this will relate to the rest of the planet.*

And it's also important to remember that you have all set it up this way. ☆

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